

Canis-Lupus Cross Country Cup

Thank you for attending the 10th annual Canis-Lupus Cup. We are thankful that you were able to participate, and I hope that this can continue to be a fun, low key, tradition for the runners. We will have medals & a trophy for the top team.

Date: Thursday September 25th, 2025

Teams: Blue Valley Southwest, Blue Valley High, Blue Valley North, Blue Valley Northwest, Olathe South, Olathe West, Olathe East, St. James Academy, Gardner-Edgerton, Shawnee Mission South, Shawnee Mission North.

Race Schedule:

<u>Race</u>	<u>Time</u>	<u>Distance</u>
Girls Race	4:00pm	5k
Boys Race	4:40pm	5k
Awards Ceremony	5:20pm	

Entrance to the Course & Campsites:

Bus Drop Off: It is best for busses & vans to enter the campus from the North (on 175th st) between Aubry Bend & BVSW then turn left at the stop sign. Drop athletes off near the entrance of the football & soccer fields. The entrance to the course can be reached either behind the soccer stadium or between the baseball/softball fields. Camps can be set up in any location that is NOT directly on the athletic fields.

Parents & Families will need to park in the south student parking lot of Blue Valley Southwest just north of the grass football field. **There is currently construction in the "South Athletic" lot & parking near the entrance to the course will be limited.** Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms.

Entries/Timing:

The Shawnee Mission Team will be timing & scoring the event using Chip Timing. We will be using Milesplit for entries this year. Click the link & put your athletes into the race.

Entries are due **by 8PM September 21st, 2025.**

Link to Register: <https://ks.milesplit.com/meets/703678/registration>

Meet Website: <https://www.bvswxc.com/copy-of-southwest-middle-school-cha-1>

Course Information:

The start & finish lines are south of the softball fields. The 2-loop course will be run entirely on grass between 179th, Quivira & the athletic fields. We will have a lead vehicle for the convenience & safety of the athletes. The course will be marked with paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path & look for any athletes in need of medical attention. After the lead gator goes through it will loop back around trail the last runners into the finish.

Restrooms/Medical Tent:

The restrooms will be open by the soccer & football fields. The medical area will be near the finish line.

Awards:

There will be a short awards ceremony to recognize the medalists & top team following the conclusion of the boys' race. The awards ceremony will take place at the rock podium near the starting line.

Individual Medals Top 10 – Individuals in each race

The Canis-Lupus Cup Trophy

A Traveling Trophy will be awarded to the school that has the lowest total points scored by **BOTH THE BOYS & GIRLS** teams combined.

Thank you,

Aaron Ballew

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