**2022 EASTERN KANSAS LEAGUE**

**CROSS COUNTRY CHAMPIONSHIPS**

Hosted at BVSW High School by St. James Academy High School

Welcome & thank you for attending the EKL Cross Country Championships, hosted by St. James Academy High School. We hope you enjoy the experience. Maps will be provided to help everyone with traffic and parking locations. Pass this information on to your parents & fans. PLEASE help by only parking in designated spots.

**Date:** Thursday, October 13th, 2022

**Location:** Blue Valley Southwest High School – 17600 Quivira Road, Overland Park, KS 66221

**Teams:** Bishop Miege, Blue Valley High, Blue Valley North, Blue Valley Northwest, Blue Valley Southwest, Blue Valley West, St. James Academy, St. Thomas Aquinas

**Team Packets:** Team packets will be available for Pick up near the finish line area indicated on the course map. The packets will consist of racing chips, meet information, course maps & box assignments. Packets will be available for pickup at 1:00 PM.

**Coaches Meeting: 1:45 PM**

**Race Schedule:**

**Race Time Entry Limit Race Distance**

C-Team Girls 2:30 pm Unlimited 5K

C-Team Boys 3:15 pm Unlimited 5K

Junior Varsity Girls 4:00 pm Unlimited 5K

Junior Varsity Boys 4:30 pm Unlimited 5K

Varsity Girls 5:00 pm 7 5K

Varsity Boys 5:30 pm 7 5K

**Entrance to the Course & Campsites:**

Bus Drop Off- It is best for busses & vans to enter the campus from the north on 175th Street between BVSW & Aubry Bend Middle School. Turn left at the stop sign near the tennis courts & drop off the athletes at the athletic fields entrance.

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. School lets out at 2:50 PM & getting into or out of the parking lot can be difficult between 2:50 PM and 3:00 PM, please plan accordingly.

Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms. Follow the sidewalk between the baseball & softball fields & turn left to get to the start & finish lines.

**Entries/Timing/Entry Fee/Meet Results:**

BV Timing will be taking care of the timing for this meet. They will be using a racing chip this year but they will also be

utilizing a two-video camera system to get results for all competitors.

**Entry Link:** <https://ks.milesplit.com/meets/501797-eastern-kansas-league-championship-2022#.YyorvuzMJz8>

The deadline for entries is October 10, 2022 at 8:00 PM.

Live Results Link: <http://milesplit.live/overall>

**Team Camp Sites/Tents:**

Teams can set up their tents/camps anywhere in the athletic facility, as long as they ARE NOT ON AN ATHLETIC FIELD. You can also set up a camp on the West side of the Starting Line. Make sure not to set up campsites ON the course itself. Please be sure to police your own area for trash clean-up.

**Course Information:**

The start & finish lines are south of the softball fields, about 200m down the course. The 2-loop course will be run entirely on grass between 179th, Quivira & the athletic fields. We will have both a lead & trail vehicle for the convenience & safety of the athletes. The course will be marked with fences, paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path.

The course is open to anyone at any time but it will not be marked & set up until the day of the race. If you want to come out, you can enter from the West side of the course, behind Aubry Bend Middle School.

**Concession Stand & Restrooms:**

A concession stand will be open during the event. Restrooms will be open by the soccer & football fields. The location is indicated on the map. Directions (from the starting line): Go through the open fence between the softball fields and follow the sidewalk to the right until you reach the football field.

**Awards:**

There will be a short awards ceremony to recognize the medalists & top teams in each race following the conclusion of the boys’ varsity race. The awards ceremony will take place at the rock podium behind the starting line.

**Individual Medals**

Varsity – Top 12 in each race
JV & C-team – Top 12 in each race

**Traveling Team Trophy**:
Top team (Varsity Races Only)

**Box Assignments:**

**BOX # SCHOOL**

 1 Blue Valley High

2 St. Thomas Aquinas

3 Blue Valley North

4 Blue Valley Northwest

5 St. James Academy

6 Blue Valley West

7 Blue Valley Southwest

8 Bishop Miege