

KSHSAA 5A/6A Regional

Hosted by BVSU (5A) & BVNW (6A)

Thank you & welcome to the KSHSAA 5A/6A Regional hosted at the Blue Valley Southwest XC course. We are very excited to host this double regional and hope you enjoy the experience. We will be following all KSHSAA & NFHS rules & guidelines regarding uniforms & race logistics. Maps will be provided to help everyone with traffic and parking locations. Pass this information on to your parents & fans. PLEASE only park in designated parking spots.

Date: Saturday, October 21st, 2023

6A Teams: Wyandotte, Blue Valley High, Blue Valley North, Blue Valley Northwest, Blue Valley West, Shawnee Mission East, Shawnee Mission North, Shawnee Mission South, Shawnee Mission West,

5A Teams: FL Schlagle, JC Harmon, Sumner Academy, Turner, Washington, Blue Valley Southwest, St. Thomas Aquinas, Pittsburg, Spring Hill

Race Schedule:

Event	Time	Details
Packet Pickup Begins	7:00am	Eagles Nest
6A Coaches Meeting	8:30am	Eagles Nest
6A Girls	9:30am	5k
6A Boys	10:05am	5k
Awards Ceremony	After 6A Boys Race	Podium near Starting Line
5A Coaches Meeting	10:30am	Eagles Nest
5A Girls	11:30am	5k
5A Boys	12:05am	5k
Awards Ceremony	After 5A Boys Race	Podium near Starting Line

Entries/Timing:

Entries for the regional meet must be submitted online through ks.milesplit.com & are due by **Noon, Monday October 16th**. Substitutions are permitted only with KSHSAA approval up to Wednesday October 18th. Reminder, that you may enter 10 athletes on milesplit, but only 7 are allowed to race. You DO NOT have to declare which 7 will run before the race.

5A Link to Register: <https://ks.milesplit.com/meets/577281/registration>

6A Link to Register: <https://ks.milesplit.com/meets/577288/registration>

The Blue Valley Timing group will be timing the event using a chip timing system. If there are any KSHSAA approved changes to your regional entries, please contact KSHSAA about those ASAP. The Racing Chips will need to be returned to the finish line before the end of the meet.

Entrance to the Course:

Bus & Competitors can be dropped off at the entrance of the athletic fields (Track & Soccer field) and enter the facility through the gates near the concession stands. Follow the sidewalk to the right (west) and behind the soccer stadium stands to set up team camps. Due to construction the area between the softball & baseball fields are CLOSED to all foot traffic. Please DO NOT go onto the fields themselves.

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. Due to construction, we will be entering the course from behind the soccer stands. Cut throughs & additional paths can be found out on the course for better viewing. Please don't set up any chairs on the course itself.

-See Campus attached map for details attached

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Tents & Packet Pickup:

Team packets will be available for Pick up near the Starting line beginning around 7:00am near the Starting Line. The packet will consist of timing chips, meet information, course maps, Legal Uniform Form & box assignments. Coaches will turn in their "LEGAL UNIFORM" form by clicking a box during the registration process. NO LEGAL UNIFORM CARDS will need to be turned in at the meet.

-See attached Box Assignments for details

Course Information:

The start & finish lines are south of the softball fields. The 2-loop course will be run entirely on grass between 179th, Quivira & the athletic fields. We will have the lead vehicle that will loop back around and trail the last runner after the leaders finish. Course monitors will be set up at a few locations on the course to keep athletes on the correct path. More information about the course can be found on our website: <https://www.bvswxc.com/maps-records>

The course will be open to teams on Friday, October 20th between 3:30pm – 6:00pm. The course will be completely marked and set up on that day. If you are interested in coming out at another time, feel free to contact me.

-See attached course map for specifics

Restrooms & T-shirts:

Our restrooms will be open by the soccer field near the South parking lot. The location is indicated on the map. We will be selling Regional T-shirts between the concession stands & campsites.

Awards & State Qualifiers:

There will be a short awards ceremony to recognize the medalists, individual qualifiers, & top 3 teams qualifying for state in each set races (6A & 5A) after the conclusion of the boys' race in each classification. The awards ceremony will take place at the podium near the starting line once race results are finalized.

State Qualifying

Team State Qualifiers - Top 3 Teams – in each race

Individual State Qualifiers – ALL Top 10 finishers (or Top 5 runners NOT on a qualifying team)

-See the KSHSAA State qualification document that is attached for details

Medaling & Awards

Team Plaques: Top 2 teams – in each race

Individual Medals: Top 10 – in each race

Jury of Appeals

6A – Blue Valley High, SM South & SM West (BV West – Alternate)

5A – Spring Hill, St. Thomas Aquinas & Sumner Academy (Pittsburg – Alternate)

Thank you for attending our meet. If you have any questions please feel free to contact me (Aaron Ballew) (ajballew@bluevalleyk12.org), Rob Marriott (RBMarriott@bluevalleyk12.org) or our Athletic Director, Michael Rasmussen (MRasmussen@bluevalleyk12.org). I look forward to having a fun and successful day.

Thank you,

Aaron Ballew

Blue Valley Southwest XC