

# Canis-Lupus Cross Country Cup

Thank you for attending the 5<sup>th</sup> annual Canis-Lupus Cup. We are thankful that you were able to participate, and I hope that this can continue to be a fun tradition for the runners despite the weird circumstances of the race. Teams will be divided into 2 different groups, but times will be combined after. We will still have medals & a traveling trophy for the winning team but no awards ceremony

**Date:** Thursday September 24<sup>th</sup> & Saturday September 26<sup>th</sup>, 2020

## Teams & Groups:

Group A: Blue Valley Southwest, DeSoto, St. James, Bishop Miege, Blue Valley High

Group B: Blue Valley West, Blue Valley North, Blue Valley Northwest, Gardner-Edgerton

## Race Schedule:

<u>Race</u>	<u>Group</u>	<u>Date</u>	<u>Time</u>	<u>Entry Limit</u>	<u>Race Distance</u>
C-Team Girls	A	9/24	4:00pm	15*	5k
C-Team Boys	A	9/24	4:40pm	15*	5k
C-Team Girls	B	9/24	5:40pm	15*	5k
C-Team Boys	B	9/24	6:20pm	15*	5k
JV Girls	A	9/26	8:00am	15	5k
JV Boys	A	9/26	8:30am	15	5k
Varsity Girls	A	9/26	9:00am	15	5k
Varsity Boys	A	9/26	9:30am	15	5k
Varsity Girls	B	9/26	10:00am	15	5k
Varsity Boys	B	9/26	10:30am	15	5k
JV Girls	B	9/26	11:00am	15	5k
JV Boys	B	9/26	11:30am	15	5k

## NEW COVID requirements:

1. Runners are not allowed in other team campsites
2. Athletes will be required to wear a mask during warmups & at the starting line
3. Runners can remove their mask at the 400m mark but have to keep it on their person until the finish
4. Masks must be put back on after the race, in the finish chute
5. Coaches & Fans must wear masks at all times
6. Only immediate family members of athletes that are competing are allowed as spectators
7. Teams must clear out of the course & camp sites after the end of their last race

## Entrance to the Course & Campsites:

Bus Drop Off- It is best for busses & vans to enter the campus from the north on 175<sup>th</sup> Street between BVSW & Aubry Bend Middle School. Turn left at the stop sign near the tennis courts & drop off the athletes at the athletic fields entrance.

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms. Follow the sidewalk between the baseball & softball fields & turn left to get to the start & finish lines.

## Entries/Timing/Entry Fee:

To be determined. We are working on getting a quote from our timing crew & we will charge just enough to pay for the timing crew. The fee will count for BOTH days.

## Course Information:

The start & finish lines are south of the softball fields. The 2-loop course will be run entirely on grass between 179<sup>th</sup>, Quivira & the athletic fields. We will have a lead vehicle for the convenience & safety of the athletes. The course will be marked with paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path & look for any athletes in need of medical attention. After the lead gator goes through it will loop back around trail the last runners into the finish.

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## Team Camp Sites:

Each team will have a designated campsite that will be listed on the map & posted with signs. Please stay inside your designated area. Clean up your site after the end of your last race & clear out as the next group of teams arrive. You may use the stands & bleachers of the baseball & softball fields to set up camps. See the Map provided for details

## Group A

BVSW: Near South Bull Pen of the main Softball field

De Soto: South Stands of the main Baseball field

St. James: Near North Bull Pen of main baseball field

Bishop Miege: West Stands of main Softball field

BV High: West of Bleachers at Practice Softball field

## Group B

BV West: West of Practice field dugout

BV North: West Stands of main Baseball field

BVNW: North Stands of main Softball field

GEHS: North of Bleachers at Practice Baseball field

## Restrooms/Medical Tent:

The restrooms will be open by the soccer & football fields. The medical tent will be between the baseball fields just north of the course.

## Results & Awards:

Results will be merged between each race between Group A & B. Final results will be sent out to coaches & schools after BOTH groups have completed their races. We will mail you the awards after the completion of all races.

There will be no awards ceremony this season to avoid the large crowded gathering.

**Individual Medals**      Top 10 – Individuals in the merged A & B results (all races)  
Medals will be sent to schools after the completion of all races

### **The Canis-Lupus Cup Trophy**

A Traveling Trophy will be awarded to the school that has the lowest total points scored by **BOTH THE BOYS & GIRLS** teams combined. No separate team awards will be given out to the boys & girls.

**Thank you,**  
*Aaron Ballew*