



## EKL Championships 2020

Hosted by Blue Valley North

### Contact(s):

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**Date:** Thursday October 15th & Friday October 16th, 2020

### Teams:

Bishop Miege, Blue Valley High, Blue Valley North, Blue Valley Northwest, Blue Valley Southwest, Blue Valley West, St. James, St. Thomas Aquinas

### Race Schedule:

<u>Race</u>	<u>Date</u>	<u>Time</u>	<u>Entry Limit</u>	<u>Race Distance</u>
JV Girls	10/15	3:15 pm	7	5K
JV Boys	10/15	4:00 pm	7	5K
Varsity Girls	10/15	4:45 pm	7	5K
Varsity Boys	10/15	5:30 pm	7	5K
C-Team Girls	10/16	4:00 pm	Unlimited	5K
C-Team Boys Group 1	10/16	4:45 pm	Unlimited	5K
C-Team Boys Group 2	10/16	5:30 pm	Unlimited	5K

### COVID requirements:

1. Runners are not allowed in other team campsites
2. Athletes will be required to wear a mask during warmups & at the starting line
3. Runners can remove their mask at the 400m mark but have to keep it on their person until the finish
4. Masks must be put back on after the race, in the finish chute
5. Coaches & Fans must wear masks at all times
6. Only immediate family members of athletes that are competing are allowed as spectators
7. Teams must clear out of the course & camp sites after the end of their last race

### Entrance to the Course & Campsites:

Bus Drop Off- It is best for busses & vans to enter the campus from the north on 175th Street between BVSW & Aubry Bend Middle School. Turn left at the stop sign near the tennis courts & drop off the athletes at the athletic fields entrance.

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms. Follow the sidewalk between the baseball & softball fields & turn left to get to the start & finish lines.

### Entries/Timing/Entry Fee:

Blue Valley Timing will be timing the event using a racing chip & bib system. Fill out the attached

excel spreadsheet with Name, Grade, Gender & School for all runners. I will follow up with you next week about the entry deadline and who to send them to. The Racing Chips will need to be returned to the finish line before the end of the day. Runners will be assigned bib numbers that they will need to wear on the front of their jersey during the race for back up results purposes. The finish will also have video back up to verify finishing places & times.

**Team Camp Sites:**

Each team will have a designated campsite that will be listed on the map & posted with signs. Please stay inside your designated

**Tents & Packet Pickup:**

Each team will have a designated campsite that will be listed on the map & posted with signs. Please stay inside your designated area. Clean up your site after the end of your last race & clear out as the next group of teams arrive. You may use the stands & bleachers of the baseball & softball fields to set up camps. See the Map provided for details

**Course Information:**

The start & finish lines are south of the softball fields, about 200m down the course. The 2-loop course will be run entirely on grass between 179<sup>th</sup>, Quivira & the athletic fields. We will have both a lead & trail vehicle for the convenience & safety of the athletes. The course will be marked with fences, paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path.

The course is open to anyone at any time but it will not be marked & set up until the day of the race. If you want to come out, you can enter from the West side of the course, behind Aubry Bend Middle School.

**Restrooms & Concessions:**

Concession stand & restrooms will be open by the soccer & football fields. The location is indicated on the map. Directions from the starting line; Go through the open fence between the softball fields and follow the sidewalk to the right until you reach the football field.

**Awards:**

There will be a short awards ceremony to recognize the medalists & top teams in each race following the conclusion of the boys' varsity race. The awards ceremony will take place at the rock podium behind the starting line.

**Individual Medals**

Varsity – Top 12 in each race

JV & C-team – Top 12 in each race

**Traveling Team Trophy:**

Top team (Varsity Races Only)

Please feel free to contact me if you have any questions. Thank you!

**Miles Riley**

Blue Valley North